



6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

Detailed evaluation

Zelle, Dennis

Club: Dream Team Ilmenau

Number: 559

Course: 18.50 km

Lange Strecke

Category:

Männer M20

Total time: 1:22:41

Speed: 13.06 km/h

Running performance: 4:28 min/km

Rank in course/Total: 37 (of 158)

Rank in course/Men: 35 (of 131)

Best time in course: 1:06:39

Rank in category: 10(of 23)

Best time in the category: 1:07:20