



6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

Detailed evaluation

Schröder, Bernd

Club: Erfurt
Number: 636

Course: 18.50 km
Lange Strecke

Category:
Männer M60

Total time: 1:23:06

Speed: 13.00 km/h
Running performance: 4:29 min/km

Rank in course/Total: 41 (of 158)

Rank in course/Men: 39 (of 131)

Best time in course: 1:06:39

Rank in category: 1(of 6)

Best time in the category: 1:23:06