



6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

Detailed evaluation

Beck, Andreas

Club: LSV Lok Arnstadt

Number: 503

Course: 18.50 km

Lange Strecke

Category:

Männer M50

Total time: 1:23:21

Speed: 12.96 km/h

Running performance: 4:31 min/km

Rank in course/Total: 44 (of 158)

Rank in course/Men: 42 (of 131)

Best time in course: 1:06:39

Rank in category: 6(of 17)

Best time in the category: 1:13:40