



6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

Detailed evaluation

Schmidt, Jan

Club: TC Suhl

Number: 550

Course: 18.50 km

Lange Strecke

Category:

Männer M35

Total time: 1:23:48

Speed: 12.89 km/h

Running performance: 4:32 min/km

Rank in course/Total: 45 (of 158)

Rank in course/Men: 43 (of 131)

Best time in course: 1:06:39

Rank in category: 7(of 17)

Best time in the category: 1:07:30