



## 6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

### Detailed evaluation

Krone, Jörg

Club: Sportteam-STEINBACH Meiningen

Number: 803

Course: 9.30 km

Kurze Strecke

Category:

Männer M40

Total time: 34:04

Speed: 15.85 km/h

Running performance: 3:40 min/km

Rank in course/Total: 3 (of 244)

Rank in course/Men: 3 (of 171)

Best time in course: 32:46

Rank in category: 1(of 27)

Best time in the category: 34:04