



6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

Detailed evaluation

Knoblich, Petra

Club: Arnstadt

Number: 654

Course: 18.50 km

Lange Strecke

Category:

Frauen W40

Total time: 1:23:55

Speed: 12.87 km/h

Running performance: 4:32 min/km

Rank in course/Total: 46 (of 158)

Rank in course/Women: 3 (of 27)

Best time in course: 1:13:05

Rank in category: 1(of 7)

Best time in the category: 1:23:55