



## 6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

### Detailed evaluation

**Rehberg, Ingo**

Club: Team Kondi - Uni Bayreuth

Number: 589

Course: 18.50 km

Lange Strecke

Category:

Männer M55

Total time: 1:25:47

Speed: 12.59 km/h

Running performance: 4:38 min/km

Rank in course/Total: 55 (of 158)

Rank in course/Men: 51 (of 131)

Best time in course: 1:06:39

Rank in category: 1(of 5)

Best time in the category: 1:25:47