



## 6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

### Detailed evaluation

**Thomas, Gesine**

Club: Bad Berka

Number: 596

Course: 18.50 km

Lange Strecke

Category:

Frauen W40

Total time: 1:26:00

Speed: 12.56 km/h

Running performance: 4:39 min/km

Rank in course/Total: 56 (of 158)

Rank in course/Women: 5 (of 27)

Best time in course: 1:13:05

Rank in category: 2(of 7)

Best time in the category: 1:23:55