



6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

Detailed evaluation

Kohl, Veit

Club: Langewiesen

Number: 531

Course: 18.50 km

Lange Strecke

Category:

Männer M40

Total time: 1:26:17

Speed: 12.52 km/h

Running performance: 4:40 min/km

Rank in course/Total: 57 (of 158)

Rank in course/Men: 52 (of 131)

Best time in course: 1:06:39

Rank in category: 6(of 18)

Best time in the category: 1:09:28