



## 6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

### Detailed evaluation

**Bode, Elvira**

Club: Heida  
Number: 998

Course: 9.30 km  
Nordic Walking

Total time: 1:20:34

Speed: 6.70 km/h

metres in height up: 158  
Course score: 11.37

performance score: 81 Points