



6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

Detailed evaluation

Fabig, Jens

Club: Breitenbach

Number: 568

Course: 18.50 km

Lange Strecke

Category:

Männer M40

Total time: 1:27:36

Speed: 12.33 km/h

Running performance: 4:44 min/km

Rank in course/Total: 61 (of 158)

Rank in course/Men: 56 (of 131)

Best time in course: 1:06:39

Rank in category: 7(of 18)

Best time in the category: 1:09:28