



6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

Detailed evaluation

Knoll, Markus

Club: KS Sportsworld

Number: 685

Course: 18.50 km

Lange Strecke

Category:

Männer M35

Total time: 1:27:39

Speed: 12.32 km/h

Running performance: 4:44 min/km

Rank in course/Total: 62 (of 158)

Rank in course/Men: 57 (of 131)

Best time in course: 1:06:39

Rank in category: 9(of 17)

Best time in the category: 1:07:30