



6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

Detailed evaluation

Schlosser, Jörgen

Club: Darmstadt

Number: 664

Course: 18.50 km

Lange Strecke

Category:

Männer M55

Total time: 1:29:05

Speed: 12.12 km/h

Running performance: 4:49 min/km

Rank in course/Total: 67 (of 158)

Rank in course/Men: 62 (of 131)

Best time in course: 1:06:39

Rank in category: 2(of 5)

Best time in the category: 1:25:47