



## 6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

### Detailed evaluation

**Beck, Matthias**

Club: Waldau

Number: 653

Course: 18.50 km

Lange Strecke

Category:

Männer M50

Total time: 1:31:15

Speed: 11.84 km/h

Running performance: 4:56 min/km

Rank in course/Total: 82 (of 158)

Rank in course/Men: 76 (of 131)

Best time in course: 1:06:39

Rank in category: 11(of 17)

Best time in the category: 1:13:40