



6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

Detailed evaluation

Rieß, Andreas

Club: Stadtilm

Number: 652

Course: 18.50 km

Lange Strecke

Category:

Männer M45

Total time: 1:32:36

Speed: 11.66 km/h

Running performance: 5:01 min/km

Rank in course/Total: 88 (of 158)

Rank in course/Men: 81 (of 131)

Best time in course: 1:06:39

Rank in category: 24(of 32)

Best time in the category: 1:12:10