



## 6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

### Detailed evaluation

Hempel, Ernst

Club: Saalfelder LV

Number: 852

Course: 9.30 km

Kurze Strecke

Category:

Männer M60

Total time: 39:37

Speed: 13.63 km/h

Running performance: 4:16 min/km

Rank in course/Total: 36 (of 244)

Rank in course/Men: 34 (of 171)

Best time in course: 32:46

Rank in category: 2(of 9)

Best time in the category: 38:34