



## 6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

### Detailed evaluation

**Ebinger, Nadine**

Club: Ilmenau

Number: 565

Course: 18.50 km

Lange Strecke

Category:

Frauen W20

Total time: 1:34:00

Speed: 11.49 km/h

Running performance: 5:05 min/km

Rank in course/Total: 97 (of 158)

Rank in course/Women: 8 (of 27)

Best time in course: 1:13:05

Rank in category: 3(of 7)

Best time in the category: 1:13:05