



6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

Detailed evaluation

Gloth-Pfaff, Andreas

Club: Saalfelder LV

Number: 514

Course: 18.50 km

Lange Strecke

Category:

Männer M40

Total time: 1:34:36

Speed: 11.42 km/h

Running performance: 5:07 min/km

Rank in course/Total: 99 (of 158)

Rank in course/Men: 90 (of 131)

Best time in course: 1:06:39

Rank in category: 11(of 18)

Best time in the category: 1:09:28