



6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

Detailed evaluation

Müller, Carola

Club: LTV Erfurt

Number: 657

Course: 18.50 km

Lange Strecke

Category:

Frauen W40

Total time: 1:37:56

Speed: 11.33 km/h

Running performance: 5:17 min/km

Rank in course/Total: 110 (of 158)

Rank in course/Women: 11 (of 27)

Best time in course: 1:13:05

Rank in category: 3(of 7)

Best time in the category: 1:23:55