



6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

Detailed evaluation

Hantsche, Gerd

Club: USV Jena

Number: 518

Course: 18.50 km

Lange Strecke

Category:

Männer M50

Total time: 1:40:07

Speed: 10.79 km/h

Running performance: 5:25 min/km

Rank in course/Total: 117 (of 158)

Rank in course/Men: 106 (of 131)

Best time in course: 1:06:39

Rank in category: 15(of 17)

Best time in the category: 1:13:40