



6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

Detailed evaluation

Balbierer, Chris

Club: GMRV

Number: 561

Course: 18.50 km

Lange Strecke

Category:

Frauen W40

Total time: 1:41:35

Speed: 10.63 km/h

Running performance: 5:29 min/km

Rank in course/Total: 120 (of 158)

Rank in course/Women: 12 (of 27)

Best time in course: 1:13:05

Rank in category: 4(of 7)

Best time in the category: 1:23:55