



## 6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

### Detailed evaluation

**Woger, Anja**

Club: Ilmenau

Number: 659

Course: 18.50 km

Lange Strecke

Category:

Frauen W20

Total time: 1:43:20

Speed: 10.45 km/h

Running performance: 5:35 min/km

Rank in course/Total: 126 (of 158)

Rank in course/Women: 14 (of 27)

Best time in course: 1:13:05

Rank in category: 5(of 7)

Best time in the category: 1:13:05