



6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

Detailed evaluation

Goetz, Helmut

Club: sc impuls erfurt

Number: 674

Course: 18.50 km

Lange Strecke

Category:

Männer M65

Total time: 1:46:18

Speed: 10.16 km/h

Running performance: 5:45 min/km

Rank in course/Total: 129 (of 158)

Rank in course/Men: 115 (of 131)

Best time in course: 1:06:39

Rank in category: 2(of 3)

Best time in the category: 1:32:48