



6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

Detailed evaluation

Kretzschmar, Manfred

Club: Ichtshausen

Number: 732

Course: 9.30 km

Kurze Strecke

Category:

Männer M55

Total time: 40:20

Speed: 13.39 km/h

Running performance: 4:20 min/km

Rank in course/Total: 40 (of 244)

Rank in course/Men: 38 (of 171)

Best time in course: 32:46

Rank in category: 3(of 14)

Best time in the category: 35:47