



6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

Detailed evaluation

Liedtke, Gerlinde

Club: sc impuls erfurt

Number: 675

Course: 18.50 km

Lange Strecke

Category:

Frauen W55

Total time: 1:51:04

Speed: 9.72 km/h

Running performance: 6:00 min/km

Rank in course/Total: 146 (of 158)

Rank in course/Women: 22 (of 27)

Best time in course: 1:13:05

Rank in category: 1(of 1)

Best time in the category: 1:51:04