



6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

Detailed evaluation

Liebe, Gert

Club: SV GW Schönstedt

Number: 655

Course: 18.50 km

Lange Strecke

Category:

Männer M60

Total time: 1:52:32

Speed: 9.60 km/h

Running performance: 6:05 min/km

Rank in course/Total: 147 (of 158)

Rank in course/Men: 125 (of 131)

Best time in course: 1:06:39

Rank in category: 5(of 6)

Best time in the category: 1:23:06