



6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

Detailed evaluation

Thielecke, Hans-Jürgen

Club: Gumpelstadt

Number: 656

Course: 18.50 km

Lange Strecke

Category:

Männer M60

Total time: 1:55:05

Speed: 9.38 km/h

Running performance: 6:13 min/km

Rank in course/Total: 149 (of 158)

Rank in course/Men: 127 (of 131)

Best time in course: 1:06:39

Rank in category: 6(of 6)

Best time in the category: 1:23:06