



6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

Detailed evaluation

Wirsching, Ines

Club: Ilmenau

Number: 558

Course: 18.50 km

Lange Strecke

Category:

Frauen W45

Total time: 1:55:48

Speed: 9.33 km/h

Running performance: 6:16 min/km

Rank in course/Total: 150 (of 158)

Rank in course/Women: 23 (of 27)

Best time in course: 1:13:05

Rank in category: 5(of 5)

Best time in the category: 1:24:49