



6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

Detailed evaluation

Stief, Rose Marie

Club: TSV Zella-Mehlis

Number: 695

Course: 18.50 km

Lange Strecke

Category:

Frauen W70

Total time: 1:58:06

Speed: 9.40 km/h

Running performance: 6:23 min/km

Rank in course/Total: 153 (of 158)

Rank in course/Women: 25 (of 27)

Best time in course: 1:13:05

Rank in category: 1(of 1)

Best time in the category: 1:58:06