



6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

Detailed evaluation

Arnold, Isabel

Club: Stuttgart

Number: 672

Course: 18.50 km

Lange Strecke

Category:

Frauen W20

Total time: 2:02:04

Speed: 8.85 km/h

Running performance: 6:36 min/km

Rank in course/Total: 156 (of 158)

Rank in course/Women: 26 (of 27)

Best time in course: 1:13:05

Rank in category: 7(of 7)

Best time in the category: 1:13:05