



6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

Detailed evaluation

Roth, Dr.Klaus

Club: Geraberg

Number: 546

Course: 18.50 km

Lange Strecke

Category:

Männer M55

Total time: 2:11:45

Speed: 8.20 km/h

Running performance: 7:07 min/km

Rank in course/Total: 157 (of 158)

Rank in course/Men: 131 (of 131)

Best time in course: 1:06:39

Rank in category: 5(of 5)

Best time in the category: 1:25:47