



6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

Detailed evaluation

Kummer, Kirsten

Club: Geschwenda

Number: 535

Course: 18.50 km

Lange Strecke

Category:

Frauen W40

Total time: 2:11:45

Speed: 8.20 km/h

Running performance: 7:07 min/km

Rank in course/Total: 158 (of 158)

Rank in course/Women: 27 (of 27)

Best time in course: 1:13:05

Rank in category: 7(of 7)

Best time in the category: 1:23:55