



6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

Detailed evaluation

Erdmann, Hartmut

Club: LTV Obereichsfeld

Number: 713

Course: 9.30 km

Kurze Strecke

Category:

Männer M65

Total time: 40:43

Speed: 13.26 km/h

Running performance: 4:23 min/km

Rank in course/Total: 43 (of 244)

Rank in course/Men: 40 (of 171)

Best time in course: 32:46

Rank in category: 1(of 10)

Best time in the category: 40:43