



6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

Detailed evaluation

Rauch, Andre

Club: Petriroda

Number: 931

Course: 9.30 km

Kurze Strecke

Category:

Männer M45

Total time: 41:09

Speed: 13.12 km/h

Running performance: 4:25 min/km

Rank in course/Total: 45 (of 244)

Rank in course/Men: 42 (of 171)

Best time in course: 32:46

Rank in category: 2(of 19)

Best time in the category: 38:36