



6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

Detailed evaluation

Föt, Sören

Club: Sportteam-STEINBACH Meiningen

Number: 781

Course: 9.30 km

Kurze Strecke

Category:

Männer M20

Total time: 34:30

Speed: 15.65 km/h

Running performance: 3:43 min/km

Rank in course/Total: 5 (of 244)

Rank in course/Men: 5 (of 171)

Best time in course: 32:46

Rank in category: 4(of 14)

Best time in the category: 32:46