



## 6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

### Detailed evaluation

**Macholdt, Johannes**

Club: Triathlon Jena e.V.

Number: 984

Course: 9.30 km

Kurze Strecke

Category:

Männer M20

Total time: 34:42

Speed: 15.56 km/h

Running performance: 3:44 min/km

Rank in course/Total: 6 (of 244)

Rank in course/Men: 6 (of 171)

Best time in course: 32:46

Rank in category: 5(of 14)

Best time in the category: 32:46