



6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

Detailed evaluation

Ernst, Edwin

Club: GMRV Schweinfurt

Number: 780

Course: 9.30 km

Kurze Strecke

Category:

Männer M50

Total time: 43:23

Speed: 12.45 km/h

Running performance: 4:40 min/km

Rank in course/Total: 60 (of 244)

Rank in course/Men: 56 (of 171)

Best time in course: 32:46

Rank in category: 3(of 15)

Best time in the category: 39:04