



6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

Detailed evaluation

Ritze, Detlef

Club: Lauffreiw. Arnstadt (Alteburg)

Number: 752

Course: 9.30 km

Kurze Strecke

Category:

Männer M60

Total time: 43:33

Speed: 12.40 km/h

Running performance: 4:41 min/km

Rank in course/Total: 62 (of 244)

Rank in course/Men: 58 (of 171)

Best time in course: 32:46

Rank in category: 5 (of 9)

Best time in the category: 38:34