



## 6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

### Detailed evaluation

**Lesser, Steffen**

Club: Bosch

Number: 869

Course: 9.30 km

Kurze Strecke

Category:

Männer M35

Total time: 43:36

Speed: 12.39 km/h

Running performance: 4:41 min/km

Rank in course/Total: 63 (of 244)

Rank in course/Men: 59 (of 171)

Best time in course: 32:46

Rank in category: 11(of 20)

Best time in the category: 35:43