



6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

Detailed evaluation

Hermann, Rainer

Club: LV Schwarzatal

Number: 726

Course: 9.30 km

Kurze Strecke

Category:

Männer M65

Total time: 45:12

Speed: 11.95 km/h

Running performance: 4:52 min/km

Rank in course/Total: 77 (of 244)

Rank in course/Men: 68 (of 171)

Best time in course: 32:46

Rank in category: 2(of 10)

Best time in the category: 40:43