



6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

Detailed evaluation

Mahn, Hans-Jürgen

Club: Erfurt
Number: 848

Course: 9.30 km
Kurze Strecke

Category:
Männer M50

Total time: 45:59

Speed: 11.74 km/h
Running performance: 4:56 min/km

Rank in course/Total: 89 (of 244)

Rank in course/Men: 79 (of 171)

Best time in course: 32:46

Rank in category: 4(of 15)

Best time in the category: 39:04