



6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

Detailed evaluation

Mielke, Olaf

Club: Ilmenau

Number: 903

Course: 9.30 km

Kurze Strecke

Category:

Männer M35

Total time: 46:07

Speed: 11.71 km/h

Running performance: 4:58 min/km

Rank in course/Total: 90 (of 244)

Rank in course/Men: 80 (of 171)

Best time in course: 32:46

Rank in category: 12(of 20)

Best time in the category: 35:43