



## 6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

### Detailed evaluation

**Amarelle, Ludwig**

Club: Triathlonclub Suhl

Number: 881

Course: 9.30 km

Kurze Strecke

Category:

Männer M70

Total time: 47:07

Speed: 11.46 km/h

Running performance: 5:04 min/km

Rank in course/Total: 99 (of 244)

Rank in course/Men: 85 (of 171)

Best time in course: 32:46

Rank in category: 2(of 8)

Best time in the category: 41:21