



27. AVENIDA-Stauseelauf Hohenfelden

Hohenfelden / 19.04.2009

Detailed evaluation

Kühnpast, Frank

Club: Saalfelder LV

Number: 2584

Course: 14.00 km

Hauptlauf

Category:

Männer M40

Total time: 1:04:24

Speed: 13.04 km/h

Running performance: 4:36 min/km

Rank in course/Total: 47 (of 187)

Rank in course/Men: 45 (of 144)

Best time in course: 50:22

Rank in category: 9(of 17)

Best time in the category: 50:41