



## 27. AVENIDA-Stauseelauf Hohenfelden

Hohenfelden / 19.04.2009

### Detailed evaluation

**Günsch, Lars**

Club: sc impuls erfurt

Number: 2763

Course: 14.00 km

Hauptlauf

Category:

Männer M35

Total time: 1:05:11

Speed: 12.89 km/h

Running performance: 4:40 min/km

Rank in course/Total: 54 (of 187)

Rank in course/Men: 52 (of 144)

Best time in course: 50:22

Rank in category: 8(of 15)

Best time in the category: 57:10