



27. AVENIDA-Stauseelauf Hohenfelden

Hohenfelden / 19.04.2009

Detailed evaluation

Heimbürger, Egbert

Club: Bad tennstedt

Number: 2657

Course: 14.00 km

Hauptlauf

Category:

Männer M45

Total time: 1:07:45

Speed: 12.40 km/h

Running performance: 4:50 min/km

Rank in course/Total: 66 (of 187)

Rank in course/Men: 63 (of 144)

Best time in course: 50:22

Rank in category: 12(of 27)

Best time in the category: 54:49