



## 27. AVENIDA-Stauseelauf Hohenfelden

Hohenfelden / 19.04.2009

### Detailed evaluation

**Seiffert, Martin**

Club: Tabarzer SV 1887

Number: 2562

Course: 14.00 km

Hauptlauf

Category:

Männer M20

Total time: 1:08:03

Speed: 12.34 km/h

Running performance: 4:52 min/km

Rank in course/Total: 68 (of 187)

Rank in course/Men: 65 (of 144)

Best time in course: 50:22

Rank in category: 7(of 14)

Best time in the category: 50:22