



27. AVENIDA-Stauseelauf Hohenfelden

Hohenfelden / 19.04.2009

Detailed evaluation

Hartwich, Gudrun

Club: breuni-sports-erf.nord-gym

Number: 2759

Course: 14.00 km

Hauptlauf

Category:

Frauen W45

Total time: 1:09:11

Speed: 12.14 km/h

Running performance: 4:56 min/km

Rank in course/Total: 77 (of 187)

Rank in course/Women: 5 (of 43)

Best time in course: 1:02:43

Rank in category: 3(of 10)

Best time in the category: 1:02:43