



## 27. AVENIDA-Stauseelauf Hohenfelden

Hohenfelden / 19.04.2009

### Detailed evaluation

**Menge, Andreas**

Club: NW Team Luisenthal

Number: 2664

Course: 14.00 km

Hauptlauf

Category:

Männer M45

Total time: 1:09:38

Speed: 12.06 km/h

Running performance: 4:58 min/km

Rank in course/Total: 83 (of 187)

Rank in course/Men: 78 (of 144)

Best time in course: 50:22

Rank in category: 16(of 27)

Best time in the category: 54:49