



## 27. AVENIDA-Stauseelauf Hohenfelden

Hohenfelden / 19.04.2009

### Detailed evaluation

**Hennig, Bernhard**

Club: SV Mihla

Number: 2624

Course: 14.00 km

Hauptlauf

Category:

Männer M60

Total time: 1:09:40

Speed: 12.06 km/h

Running performance: 4:59 min/km

Rank in course/Total: 84 (of 187)

Rank in course/Men: 79 (of 144)

Best time in course: 50:22

Rank in category: 5(of 10)

Best time in the category: 1:02:14